

Recession Buster\$!

Savings secrets of extreme couponers!

Imagine paying next to nothing for a cart-full of groceries! Extreme couponing, the hottest trend among frugalistas, works by combining discounts like manufacturer and store coupons with more coupons with codes so you get items super-cheap or, better yet, free! Here's your step-by-step plan to snag extreme savings today!

1 Search coupon-matching sites!

Experienced extreme couponers aren't only savvy at finding multiple deals for one item, they're also generous when it comes to sharing their finds! As a result, you'll find hundreds of money-saving matchups on websites like CouponDivas.com and MoneySavingQueen.com—just look for links to "Matchups." Simply log on for updated lists of products and their matching deals, plus exactly where to find the coupons you need!

2 Get more coupons!

The most extreme couponers don't just purchase a single item when they find a great coupon for it. They stock up by getting two, three, even 10 of those items. So how do they get all those extra coupons? They ask friends and family for their Sunday papers, ad inserts and other coupon sources after they're done with them. In most cases, folks are happy to de-clutter their home!

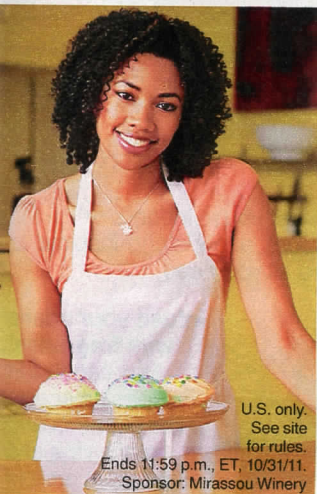
3 Keep coupons organized!

Extreme couponers keep coupons organized in baseball-card holders or a binder with sheet protectors. You can see each coupon, sort by expiration date and take your folder with you when you shop so you never miss a chance to pair an unexpected sale with a coupon you've already clipped!

Tip! Before shopping, print out the store's coupon policy from its website to make sure your coupons will be accepted!



in these!



U.S. only. See site for rules.

Ends 11:59 p.m., ET, 10/31/11. Sponsor: Mirassou Winery

in a dream come true!

Have a great idea, like a small business or new community program, you'd like to set in motion? Here's your chance! Folks at Mirassou Winery are celebrating your innovation and they're giving five lucky recipients \$3,000 grants to help turn their winning ideas into reality. Learn more at facebook.com/MirassouWinery where you'll also get to help decide which idea will receive a bonus \$5,000 grant!

Win an Amelia Island adventure!

Visit WomansWorldMag.com for your chance to win a four-night stay for two at the Omni Amelia Island Plantation. This 1,350-acre destination is nestled on Northeast Florida's historic barrier island with three-and-a-half miles of wide beaches. The prize also includes a \$500 travel voucher and a complimentary session for two at their nature-inspired signature spa. Learn more at OmniAmeliaIslandPlantation.com.



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Win financial help for teens!

Many kids enter adulthood without knowing how to manage credit cards, balance a checkbook or follow a budget. To help teach teens these essential personal finance skills, H&R Block Dollars & Sense donates curriculum covering 18 financial topics to high schools nationwide. You can help empower local teens—and increase your own financial fitness!—by visiting WomansWorldMag.com. There, you could win \$1,000 for yourself, along with the Dollars & Sense curriculum for the high school of your choice.

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Win personalized jewelry!

Celebrate a special person or day in your life with an engraved Carved Creations piece. These rings, pendants and bangle bracelets are hand-finished by master craftsmen for a lifetime of enjoyment and treasured memories. Ask for a catalog at CCForLife.com, then visit WomansWorldMag.com for your chance to win one of five \$200 Carved Creations gift cards!

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