

The Palm Beach Post

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FLORIDA *home*

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TIPS FROM THE *Home* team

Each week, Florida Home's panel of experts answers questions and offers advice for buyers, sellers and owners.

Interior design

Our expert: Debra Stein, Debra J Interiors, Delray Beach



If you'd like your bedroom to be a haven and not just a place to crash, here's how to make it happen.

First, furnish it with your favorite colors to always put you in a good

mood.

Soft lamp lighting, not overhead light, and multi-purpose window treatments are another way to enhance the mood. Window treatments should allow you to darken the room for sleeping and adjust to give privacy yet still allow light in.

Make sure your bed is plush with luxurious linens and pillows. You don't necessarily need a lot of pillows; they just need to be substantial. A comfortable chair in a corner makes a great place for reading. Your bedroom is also a perfect place for photos of your family and pets.

Engage your senses with beautiful colors, smooth fabrics and linens and scented candles that smell good even when not lit.